



England Athletics Masters Association

**ENGLAND ATHLETICS MASTERS ASSOCIATION
INDOOR INTER-AREA TRACK AND FIELD CHALLENGE
LEE VALLEY ATHLETICS CENTRE, LONDON
SUNDAY 26 FEBRUARY 2017**

Track timetable

			No. of races
11.00	60 hurdles	M35 M50 W35 W50	4
11.30	1500	W35 W50/W60	2
11.50	1500	M35/M50 M60/M70	2
12.10	400	W35 W50 W60	3
12.30	400	M35 M50 M60 M70	4
12.55	2000 walk	W35/W50	1
1.20	60	W35 W50 W60 W70	4
1.35	60	M35 M50 M60 M70	4
1.50	Lunch break for track officials		
2.20	800	W35 W50 W60 W70	4
2.45	800	M35 M50 M60 M70	4
3.05	200	W35 W50 W60	3
3.20	200	M35 M50 M60 M70	4
3.40	2000 walk	M35/M50	1
4.05	3000	W35/W50	1
4.25	3000	M35 M50/M60	2
5.05	4x200 relay	W35 W50 W60	3
5.30	4x200 relay	M35 M50 M60 M70	4

Field timetable

11.00	Long Jump	M35 M50
11.00	Pole Vault	W35 W50 M35 M50
11.00	Shot	W35 W50
12.30	Long Jump	W35 W50
12.30	Shot	W60 W70 followed by M60 M70 (1.15)
2.00	Triple Jump	M35 M50
2.00	Shot	M35 M50
3.00	High Jump	M35 M50 W35
3.30	Long Jump	W60 W70 followed by M60 M70 (4.15)
4.30	High Jump	W50 W60 M60 M70
5.00	Triple Jump	W35 W50